



# Executive Coaching with Coach Chris

ARE YOU READY TO GO FROM "GOOD" TO "GREAT"?

[WWW.EFFORTEXPERTS.COM](http://WWW.EFFORTEXPERTS.COM) | [CHRIS@EFFORTEXPERTS.COM](mailto:CHRIS@EFFORTEXPERTS.COM)

Chris Smith has a proven track record of increasing expertise, leadership, and performance for clients and groups by improving capacities to navigate tough situations, use feedback, take effective action, and increase influence.





# Meet Chris Smith

As a certified coach, I have extensive experience in executive and mid-management coaching, onboarding coaching, developmental coaching, performance-focused coaching, diversity/inclusion coaching, and relationship coaching.

## Coaching Packages

### Thought Partnership (monthly)

- One coaching sessions per month
- One book per month for self-guided study
- Homework for accelerated professional development
- Unlimited phone, text, and email consultation

### Standard Executive Coaching (3-12 months)

- Two, 1-hour executive coaching sessions (bi-weekly)
- Limited phone and email support between sessions
- Phone and email consultation for adaptive challenges

### Team Performance Coaching (3-9 months)

- Needs assessment of team (function and dynamics)
- Monthly executive coaching session for team leader
- Facilitation of a staff development series
- Observations and evaluations of meetings and programs
- Unlimited phone, text, and email consultation



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TODAY THAT YOUR  
FUTURE SELF  
WILL THANK YOU  
FOR.**

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today. Mention this  
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**Ready to go from "GOOD" to "GREAT"?**  
Contact [www.effortexperts.com](http://www.effortexperts.com) for a free,  
30-minute consultation.